

Meatloaf

Recipe type: main dish
Ingredients

- 1 lb ground beef
- ½ cup yellow onion chopped small
- 3 cloves of garlic minced
- 1 slice of bread broken up into tiny pieces
- 1 egg
- 1 tsp milk
- ¼ tsp pepper
- ½ tsp salt
- ½ tsp garlic powder
- ½ tsp dried mustard
- 2 Tbsp worcestershire sauce
- Sauce
- 1 cup ketchup
- 3 Tbsp brown sugar
- ¼ tsp dried mustard

Instructions

1. In small bowl for the sauce combine all ingredients and set aside
2. In large bowl add all meatloaf ingredients and combine and mix together with your hands
3. in a large baking dish take meat mixture and mold into a loaf
4. Place in oven for 1 hour until it looks dark brown in color
5. Put a small layer of sauce on top and bake for another 10 minutes
6. Remove from oven and let stand for 5 minutes
7. Slice
8. Serve
9. Enjoy